



# My Adoration Journal

A MEDITATIVE EXERCISE TO HELP DISCERN GOD'S CALLING IN YOUR LIFE

## PRAYER TO DISCOVER MY VOCATION

*Heavenly Father, if you call me to Holy Matrimony, lead me to my future spouse. Keep us holy and pure that we may grow in love for You and each other. If you call me to be a priest, sister, or brother, give me the courage to say "yes." Help me to be a faithful instrument of Your grace for the souls entrusted to my care. Please place holy people in my life to assist on this path of discovering my vocation that I may become an effective witness of Your love to the world. I ask this through the intercession of our Blessed Mother Mary and in the name of Your Son Jesus Christ. Amen.*

**HOW DID GOD SPEAK TO ME THIS WEEK?**

---

---

---

---

---

---

**HOW DID I SAY YES TO GOD THIS WEEK?**

---

---

---

---

---

---

**WHAT DOES GOD WANT FROM ME?**

---

---

---

---

---

---

**WHERE DID I SEE JESUS THIS WEEK?**

---

---

---

---

---

---

**WHAT TALENTS HAS GOD GIVEN ME FOR MY FUTURE VOCATION?**

---

---

---

---

---

---

