

# Lectio Divina



## Lectio Divina for the Second Week of Lent

*We begin our prayer:*

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Guard your Church, we pray, O Lord, in your unceasing mercy, and, since without you mortal humanity is sure to fall, may we be kept by your constant helps from all harm and directed to all that brings salvation. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

*Collect, Tuesday of the Second Week of Lent*

### Reading (*Lectio*)

*Read the following Scripture two or three times.*

*Matthew 17:1-9*

Jesus took Peter, James, and John his brother, and led them up a high mountain by themselves. And he was transfigured before them; his face shone like the sun and his clothes became white as light. And behold, Moses and Elijah appeared to them, conversing with him. Then Peter said to Jesus in reply, “Lord, it is good that we are here. If you

wish, I will make three tents here, one for you, one for Moses, and one for Elijah.” While he was still speaking, behold, a bright cloud cast a shadow over them, then from the cloud came a voice that said, “This is my beloved Son, with whom I am well pleased; listen to him.” When the disciples heard this, they fell prostrate and were very much afraid. But Jesus came and touched them, saying, “Rise, and do not be afraid.” And when the disciples raised their eyes, they saw no one else but Jesus alone.

As they were coming down from the mountain, Jesus charged them, “Do not tell the vision to anyone until the Son of Man has been raised from the dead.”

### Meditation (*Meditatio*)

*After the reading, take some time to reflect in silence on one or more of the following questions:*

- What word or words in this passage caught your attention?
- What in this passage comforted you?
- What in this passage challenged you?

*If practicing lectio divina as a family or in a group, after the reflection time, invite the participants to share their responses.*



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## Prayer (*Oratio*)

*Read the Scripture passage one more time. Bring to the Lord the praise, petition, or thanksgiving that the Word inspires in you.*

## Contemplation (*Contemplatio*)

*Read the Scripture again, followed by this reflection:*

What conversion of mind, heart, and life is the Lord asking of me?

*And he was transfigured before them; his face shone like the sun and his clothes became white as light. How has God's grace transformed my life? How can my faith shine in my life?*

*"This is my beloved Son, with whom I am well pleased; listen to him."* How do I hear the voice of the Lord? How can I listen to him more attentively?

*They saw no one else but Jesus alone. How can I keep my gaze fixed on Jesus? How can I focus on Jesus alone?*

*After a period of silent reflection and/or discussion, all recite the Lord's Prayer and the following:*

## Closing Prayer:

Upright is the word of the LORD,  
and all his works are trustworthy.  
He loves justice and right;  
of the kindness of the LORD the earth is full.

See, the eyes of the LORD are upon those who  
fear him,  
upon those who hope for his kindness,  
To deliver them from death  
and preserve them in spite of famine.

Our soul waits for the LORD,  
who is our help and our shield.  
May your kindness, O LORD, be upon us  
who have put our hope in you.

*From Psalm 33*

## Living the Word This Week

*How can I make my life a gift for others in charity?*

Attend daily Mass at least one day this week and be very attentive to the prayers and gestures of the Mass.

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